

Sussex-Wantage Schools District Newsletter

March 25, 2022

Calendar of Events

April

4/5; 7pm SWPTO virtual meeting 4/14: Early Dismissal - Staff/Faculty PD 4/15-4/22; SCHOOL CLOSED -Spring Break

MAY

5/4; 7pm BOE Meeting @ SMS 5/12; 7pm BOE Meeting @ SMS 5/30; SCHOOL CLOSED-Memorial Day

JUNE

6/7; 7PM SWPTO Meeting Virtual 6/21; LAST DAY OF SCHOOL (Tentative) 6/30; 7PM BOE Meeting @ SMS

The 12-month calendar is available to print on our website

12-month Calendar

Don't forget to check out our website www.swregional.org



Kaitlyn Simionidis the 2021 - 2022 Superintendent's Roundtable recipient.

The Superintendent's Roundtable Award is given annually to an 8th grade student from Sussex Middle School. This is a highly prestigious award that recognizes a student who performs at high levels both in and out of the classroom. This individual possesses leadership qualities in many aspects of her life and serves as a role model for many of her peers here at SMS.



Yearbooks are now on sale.

If you would like to purchase a yearbook for either Wantage School or CE Lawrence School visit;

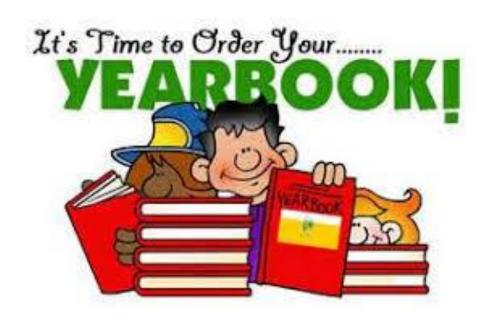
https://jostensyearbooks.com/?Ref=A09873801

Please be assured, although the link above will state "Wantage School", this is the correct link for CE Lawrence School as well.

If you would like to purchase a yearbook Sussex Middle School;

Ordering link:

https://link.entourageyearbooks.com/YBStore/Yearbook StoreMain.asp?yearbook id=49935





Congratulations to the SMS students of the month for March

6th Grade- Ethan McKnight 7th Grade- Leah Eutermarks 8th Grade- Charles Yanecko

These students were recognized at the Board of Education meeting on March 24th at 7:00 p.m. at Sussex Middle School.



The SWPTO is offering their Gertrude Hawk Chocolates fundraiser this year as a virtual online sale beginning now! Please visit https://fundraising.gertrudehawkchocolates.com/

to add a seller or place an order using our Organization Code 119604. Orders can be placed through April 3. Thank you for your support!



Cafeteria News

Breakfast and lunch are available at each school in the district, free of charge for all students for the 2021-22 school year.

Click here to view school menus

View your menu https://swregional.nutrislice.com/





Before/After Care registration is open.

Go to the district website for the application.











About Debbie

Debbie is a Certified Caregiving Facilitator and has been a family caregiver for 40 years, to a parent, spouse and son while running a full-time business. She suffered from caregiver burnout and transformed her own life by learning to prioritize herself while still being a loving, effective caregiver. She is now sharing her 8-year transformation journey with other family caregivers. Debbie's goal is to help them prioritize self-care so they can be more of who they are as well as a caregiver.

Suggested Talking Points:

- Dangers of caregiver burnout
- Self-care is not selfish
- · Different types of self-care
- · Combatting the idea that there is not enough time for self-care
- Integrating self-care regardless of your unique situation
- . Where do I even start?

Caregiver Support Squad Information

O @caregiver.support.squad

debbie@caregiversupports

Caregiver Self-Care Squad Group

www.caregiversupportsquad.com

Debbie Weiss

From the

Care Giver Support Squad

will be speaking about the

IMPORTANCE OF CAREGIVER SELF CARE

APRIL 13 at 6:45

Sponsored by the Sussex Wantage Regional School District & High Point Regional High School SEPAG Committee's

Her presentation will take place in the

High Point Regional High School



SUNDAY, APRIL 24, 2022

Sussex Firehouse 25 Loomis Ave

Doors Open @ 12 PM Drawing @ 1:30PM

Seats need to be RESERVED NO SEATS @ the DOOR LIMITED SEATS AVAILABLE



| Name: | | | |
|----------|----------------|--------|--|
| Email: | | | |
| Phone #- | # of Attendees | X %5 = | |

You will receive 1 Regular Tray Sheet of Tickets with each paid player

Please Mail To: Melissa Thomas, 11 Valley View Trail, Wantage, NJ 07461





The 1ST ANNUAL



3 on 3 BASKETBALL DRILLS/LEAGUE 2022

BOYS & GIRLS

TIMES/DATES/AGES:
GRADES 3RD- 8TH

SUNDAY NIGHTS 6 GREAT WEEKS

*WE WILL DO THIRTY MINUTES OF DRILLS, THEN EACH TEAM WILL PLAY TWO GAMES. THEN WE WILL HAVE A TOURNAMENT THE LAST WEEK!

APRIL $3^{\rm RD}$ /APRIL $10^{\rm TH}$ - AUX GYM APRIL $24^{\rm TH}$ /MAY $1^{\rm ST}$ /MAY $15^{\rm TH}$ /MAY $22^{\rm ND}$ - MAIN GYM

AUX/MAIN GYM

5:00PM - 6:30PM

Any questions contact Jesse Strehl E-mail: <u>jstrehl@hpregional.org</u>

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Bill Percey at 973-875-3101 for more information

E-mail: wpercey@hpregional.org

COST: \$80.00

Click here for registration form

Name: Date:

Spring Word Search



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NEST MAY BEES MARCH CHICK FLOWERS SEASON SUNSHINE GREEN PICNIC WARM TULIP BUNNY BLOSSOM RAINBOW SEEDS GARDEN APRIL KITES
BUTTERFLY
EGGS
EASTER
BIRDS
SPRING

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